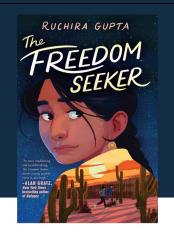
Ruchira Gupta

AUTHOR ARTIST ACTIVIST

Education Toolkit The Freedom Seeker



A Companion Resource for Teachers, Parents, and Community Leaders

Common Core Standards (Grades 5–8):

- RL.5.2: Determine themes and summarize the text.
- RL.6.3: Describe plot development.
- W.7.1: Write arguments with evidence.
- SL.8.1: Engage in discussions using evidence.

1. Understanding Religious Intolerance and Celebrating Diversity

Overview:

Simi's parents come from different religious backgrounds, a fact that brings societal judgment and risk. This mirrors real-world challenges of religious intolerance. On the other hand, she meets children of different religions and ethnicities in a shelter in the US. They offer love and friendship against loneliness.

Learning Objectives:

- Define religious intolerance.
- Explore respect for different beliefs.
- Promote inclusive classroom culture.

Discussion Questions:

- How does Simi's family handle the prejudice they face?
- Why is respect for different religions and cultures important?
- What emotions did you feel reading about Simi's experience?

Classroom Activities:

- Culture & Faith Day: Students bring in items, foods, or stories from their own or another culture.
- Holiday Exchange Posters: Research and present different religious or cultural holidays.
- Ally Role Play: Practice scenarios where students speak up against discrimination.

Recommended Books & Films:

- Does My Head Look Big in This? Randa Abdel-Fattah
- The Breadwinner Deborah Ellis
- *The Faithful Spy* John Hendrix
- Inside Out & Back Again Thanhhà Lai

2. Learning About Immigration and Refugees

Overview:

Simi's migration journey—from India to the U.S.—highlights the hardships, hope, and resilience of many refugee families today.

Learning Objectives:

- Understand the push-and-pull factors of migration.
- Define terms like refugee, asylum seeker, and coyote.
- Empathize with migrant experiences.

Discussion Questions:

- Why did Simi's family leave India?
- How did crossing borders impact their emotional and physical wellbeing?
- What did Simi learn about trust and survival?

Classroom Activities:

- Map Simi's Journey: Trace her path and annotate challenges she faced at each stage.
- Write a Letter to a Refugee: Create empathetic messages of welcome and support.
- Migration Timeline: Research another refugee story and compare it to Simi's.

Organizations to Explore (can be tailored to local context e.g., Arizona/Mexico):

• International Rescue Committee (IRC)

- Kids in Need of Defense (KIND)
- Women's Refugee Commission
- Borderlinks (Arizona)
- Kino Border Initiative (Arizona/Mexico border)

3. How You Can Make a Difference

Overview:

Inspired by Simi's courage, students can become agents of change in their own communities.

Acts of Kindness:

- Greet new classmates.
- Learn about your neighbor's cultural traditions.
- Stand up against bullying.

Student Projects:

- "Welcome Kit" for Newcomers: Include local maps, cultural do's & don'ts, and letters from students.
- **Donation Drive**: Collect essential supplies for migrant support centers.
- Samosa & Storytelling Day: Host a storytelling event celebrating diversity.

Real-Life Inspiration:

- PBS Kids videos on youth migration stories.
- Esperanza Rising Pam Muñoz Ryan
- Front Desk Kelly Yang

4. Glossary of Key Terms

- Religious Intolerance: Lack of acceptance of others' beliefs.
- **Refugee**: Someone fleeing their country due to danger or persecution.
- **Asylum Seeker**: A person seeking legal protection in another country.
- **Coyotes**: Human smugglers.

• **Detention Center**: A facility for holding migrants.

5. Discussion Questions for Parents & Teachers

- What events forced Simi's family to flee?
- How does the migration journey change their relationship?
- What does the story teach us about the power of kindness and courage?

6. Thematic Connections & Common Core Alignment

Themes:

- Migration & Border Crossings: Explore the emotional and physical risks involved.
- Resilience & Courage: Investigate how Simi finds hope and strength despite adversity.

7. Further Resources

NPR: <u>Indian migrants at U.S. border</u>

• NYT: <u>Family death at U.S. border</u>

• NBC: Mother separated from children

Final Note:

The Freedom Seeker is more than a story—it's a bridge to empathy, education, and empowerment. Use this toolkit to foster inclusive conversations and encourage action that reaches far beyond the classroom.

Let me know if you'd like a downloadable PDF version, a presentation-ready format, or if you'd like to localize the resources for your specific region or school.

Follow me on Insta, Tic Toc and YouTube at #RuchiraAGupta for updates and more resources